

**Jody Downie, MSW, RSW
Social Worker**

Experience:

- 2014 - Present **Social Worker**, Brainworks, "Near North" Region
- 2005 - 2016 **Social Worker Clinician**, Parry Sound Family Services, Parry Sound, ON
- 2008 - 2014 **Social Worker**, The Near North District School Board, Parry Sound, ON
- 1995 - 2007 **Child Protection Worker**, Children's Aid Society, Districts of Nipissing and Parry Sound, ON
- 1994 - 1995 **After Hours Emergency Protection Worker**, Children's Aid Society, Districts of Sudbury and Manitoulin, ON
- 1992 - 1995 **Program Assistant**, Child Care Resources, Sudbury, ON
- 1991 - 1995 **Relief Worker**, Sudbury and District Association for Community Living and the Valley Association for Community Living, Sudbury, ON
- 1990 - 1991 **Child Care Worker**, IHC (Intellectually Handicapped Society), Alexandra, New Zealand
- 1987 - 1993 **Relief Worker / Child Care Worker**, Children's Aid Society, District of Sudbury and Manitoulin, ON

Education:

- 2004 **Play Therapy Certificate Program**, Canadian Association for Child and Play Therapy, London, ON
Registration #: APT-00-083
- 2004 **Master of Social Work**, Laurentian University, Sudbury, ON

London Office

79 Ridout Street South, London, ON N6C 3X2
Phone: (519) 657-1180 Fax: (519) 657-1182

Near North Office

387 Muskoka Road 3 North, Huntsville, ON P1H 1C5
Phone: (705) 787-7500 Fax: (705) 787-0698

www.brainworksrehab.com
info@brainworksrehab.com

- 2001 **Bachelor of Social Work**, Laurentian University, Sudbury, ON
- 1994 **Honours Bachelor of Arts, Psychology and Sociology**, Laurentian University, Sudbury, ON
- 1994 **Family Life and Human Sexuality Certificate**, Laurentian University, Sudbury, ON

Certifications:

- 2008 - Present **Ontario College of Social Workers and Social Service Workers**
Registration #: 816127
- 2004 - Present **Ontario Association of Social Workers**
Registration #: 8662
- 2012 **HANDLE Practitioner Certification**, The HANDLE Institution,
Phoenix Centre for Neurodevelopment and Complimentary
Therapies, Peterborough, ON
- 2011 **HANDLE Screening Certification, Level III**, The HANDLE
Institution, Phoenix Centre for Neurodevelopment and
Complimentary Therapies, Peterborough, ON
- 2011 **Getting a HANDLE on Autism, Level I and II**, The HANDLE
Institution, Phoenix Centre for Neurodevelopment and
Complimentary Therapies, Peterborough, ON

Professional Memberships:

- Holistic Approach to Neurodevelopment and Learning Efficiency (HANDLE)
- Canadian Association for Child Play Therapy

Professional Highlights:

- Over 25 years of experience providing individualized social services to clients living with the effects of developmental and mental health issues, acquired brain injury, trauma and abuse, gearing therapy toward each person's own particular learning style
- Experience working with clients who have experienced depression, anxiety and other mood or personality disorders as a result of brain injury or chronic pain

- Keen understanding of how sensory disturbances, motor dysfunction, memory problems, word finding and fluency problems, poor balance, paralysis, changes in muscle tone, and other common concerns can impact mental health
- Helped individuals and their families understand physiological and functional reasons for brain-body dysfunction, and helped empower them through increasing self-awareness and actualization
- Developed excellent working relationships with clients and their families, team members, and colleagues
- Effectively collaborated with treatment team partners to determine if behavioural and/or cognition changes were reflective of direct injury to the body or brain or of underlying factors and integrated function
- Vast understanding of diversity affecting multicultural populations and service delivery, including ability, sexual identity, ethnicity, First Nations, spirituality and racial issues
- Collaborated with multidisciplinary teams in program design, implementation, and maintenance for students, adults and families
- Ability to assess brain system function and provide therapy techniques to aid in strengthening function
- Implemented evidence-based treatment practices; delivered services in accordance with professional values and ethics, theory and established practices of community treatment and primary clinical practice
- Sound knowledge of Child and Family Services Act, Mental Health Act, and child welfare system; child maltreatment, child development, attachment and separation, and family dynamics; First Nations cultures, traditions, and practices
- Organized and facilitated structured activities/weekend retreats in conjunction with Shiners' (Ramara) and Tim Horton's Children Foundation
- Effectively prioritized, met deadlines and managed multiple tasks while providing services to those in need
- Demonstrated flexibility and creativity in integrating innovative approaches into service delivery
- Prepared thorough case notes, and clinical supervision, assessment and treatment reports
- Developed and presented educational materials for professional development
- Continuously enhanced professional competencies by reviewing the latest literature, attending workshops / seminars, networking with colleagues and community partners

Professional Development:

- 2017 **Brainworks Clinical Staff Training Day, Brainworks, Huntsville, ON**
- Using HRV Biofeedback and Neurofeedback in Community Based Rehabilitation
 - Enhancing Rehabilitation with Community Resources

- **Helping Rehabilitation Team Members Equip Themselves with Creative and Unique Supports**
- **Crisis Management Planning and Strategies for Managing Depression**
- **Introduction to Identifying and Changing Core Beliefs in People Who Have Sustained a Serious Injury**

2016

Brainworks Clinical Staff Training Day, Brainworks, Huntsville, ON

- **eRehabilitation A Platform to Expand the Rehabilitation Toolkit** - Dennis Radman
- **Innovations, Inroads and Ingenuity: A cooperative and communicative approach to establishing client centred rehabilitation therapy strategies**
- **Interactive Dialectical Behavioural Therapy Skills** - Jody Downie
- **Empirically Supported Treatments for PTSD** - Arden McGregor
- **Managing Post Traumatic Fatigue and Empowering Clients to Self-Identify as a Brain Injury Survivor** - Alexa Morden
- **Addressing Sleep Disturbances in Community Based Rehabilitation** - Dennis Radman

2016

Practical Strategies - Paediatric Traumatic Brain Injury: Protecting Our Kids, PIA Law

- **Substance Abuse and Traumatic Brain Injury** by Dr. Michael D. Cusimano - University of Toronto, Neurosurgery
- **Exploring the Kings Outcome Scale (KOSCHI) for Children Attending Rehab and Long Term Outcomes for Paediatric TBI** by Dr. Peter Rumney - Assistant Professor, Department of Paediatrics, University of Toronto, Senior Physician Director, Rehabilitation & Complex Continuing Care, Bloorview Kids Rehab.
- **Collaborative Solutions for School Re-Integration Following Paediatric Traumatic Brain Injury** by Mary Anderson - Case Manager, KIDS Community Health Services, Christine Kalkanis - Treatment Provider, Post Traumatic Rehabilitation Services, Sara Diederichs, Community Resource Teacher-Secondary, Bloorview School Authority
- **The New SABS: Law and Strategies Relating to Paediatric Traumatic Brain Injury** by Troy Lehman - Partner, Oatley Vigmond, Robert Ben- Partner, Thomson Rogers
- **Paediatric Life Care Planning** by Dr. Jacob Neufeld- Medical Director of Paediatric Rehabilitation, St. Luke's Children's Hospital (Boise, Idaho, USA)
- **From the Hospital to the Community: Discharge Planning Issues** by Kathy Gravel - Social Worker, Holland Bloorview, Cindy Ruelens - Social Worker, Holland Bloorview, Sarah Warren - Clinical Social Worker, The Social Work Consulting Group
- **Concussions and Return to Play: Protecting our Young People** by Dr. Charles Tator - Professor, Department of Surgery, University of Toronto

2015

Acquired Brain Injury (ABI) and the Justice System, The District of Parry Sound Human Services Justice Coordinating Committee and the Canadian Mental Health Association, Muskoka-Parry Sound

Branch, Parry Sound, ON

- 2015 **Homotoxicology**, Mary Coyle, Epidemic Answers Webinar
- 2015 **Holistic Dentistry**, Dr. Mark McClure, Epidemic Answers Webinar
- 2015 **Gender-Independent Children**, CMHA, Toronto, ON
- 2014 **ADHD and Homeopathy**, Dr. Stephen Cowan, Epidemic Answers Webinar
- 2014 **Adopting Healthy Equity Approach When Working With Children and Youth With Complex Mental Health Needs**, CMHA, Toronto, ON
- 2014 **Children, Youth, Mental Health and Addiction**, CMHA, Toronto, ON
- 2014 **Recovering Children from Sensory Processing Disorder**, Maria Rickert Hong, Epidemic Answers Webinar

- 2014 **Healing Your Gut with GAPS Diet**, Maria Rickert Hong, Epidemic Answers Webinar
- 2014 **Vision Therapy for Autism, ADHD, SPD, and Learning Disabilities**, Dr. Lynn Hellerstein, Epidemic Answers Webinar
- 2014 **Healing Without Hurting**, Jennifer Guitar Kopek, Epidemic Answers Webinar
- 2013 **Applied Suicide Intervention Skills Training**, Livingworks, North Bay, ON
- 2013 **Big 8: Primary Reflexes in Development and Learning**, Janet Oliver, Ottsville, PA
- 2010 **The Brain that Changes Itself: The Neuroplasticity Revolution for the Helping Professions**, Norman Dodge, Toronto, ON
- 2009 **Brain Research and Child Development**, Dr. Evangeline Munns, London, ON
- 2009 **Empirically Informed Create Play Therapy Techniques**, Sueanne Kenney-Noziska, London, ON
- 2009 **Introduction to EFT**, David Source, Pembroke, ON
- 2004 **Introductory Theraplay**, Dr. Evangeline Munns, London, ON

Volunteer Activity:

- 2009 - Present **Executive Director**, Parry Sound Family Services, Parry Sound, ON
- 2008 - 2014 **Member**, Safe Schools Committee, Near North District School Board, Parry Sound
- 2008 - 2014 **Wellness Committee Member**, Near North District School Board, Parry Sound
- 2007 - 2008 **Junior Kindergarten, Classroom Volunteer**, McDougall Public School, Parry Sound

2003 - 2007 **Trainer / Facilitator, Ontario Looking After Children**

1995 - 1997 **Board of Directors Member, Big Brothers / Sisters, Parry Sound**